

Independent Living Culinary Forum
Thursday June 16th, 2022
10:00 AM

Agenda

Old Business -

The Mother's Day service went very well, we had 97 at the buffet and 79 orders at Northgate.

We are looking forward to a new type of service for Father's Day at Northgate. We have 99 reservations for in house and 59 orders for takeout/delivery.

New Business-

We would like to give a brief explanation of our dining room procedure on Wednesday – Sunday.

The Action Stations at the Life Center have been very popular, thank you Jeremy Fry for providing a great and healthy option.

We would like to move the family table reservation time up to 5:00 pm starting on July 6th. It appears most of the group would like to eat earlier.

BeWell Exercise – rewards system for exercising in Menno Haven Wellness Locations. Details are available in each Wellness location. Once you complete 10 (30 min) exercises you can redeem your card at any café for a free BeWell Item. Look for the blueberry to see which items are BeWell. This program will run until the end of August 2022.

Open Discussion from Residents-

Groceries will start the 2nd week of July. Order sheets will be available at NG – milk, eggs, ice cream, deli cheeses, deli meat, soda, yogurt, July 13th is the first pick up. 9am Tuesday is the cut off. Wed is the pick up. Order Sheets will be available on the portal, Life Center Grille, and NG Front Desk starting July 5th

Resident Questions

What is the possibility of an airfryer – so that we can make things that are not fried in oil?
Jeremy – no air fryers are commercial; we will talk one on one to accomplish what you are looking for.

I always enjoy Fresh at Home but I would like more specific measurements on the "at home ingredients"

Jeremy – we will review the recipes and make changes as needed.

Nutrition on everything at Cypress Café.

Jeremy – We are currently working on the nutritional's for the Always Available items in the Cypress Café and will post them on the portal and in the café when finished

What exactly was the action station that Jeremy was doing? We did not receive any communication Would like a smaller portion of French fries,

Made to order specials at the Life Center, health and plant based menu items. Jeremy made these items in front of the guests

Will we be using the Chinaberry Room on Fathers Day? What is the plan for the chairs?

Chairs are being picked up by Habitat for Humanity

BeWell Exercise, How will you monitor those that exercise on their own?

They need to engage in our (MH) exercise classes/locations to get the credit

Thank you to everyone for the amazing food and service

The wellness program is not for the self motivated person, it is for MH programs

Are there any plans to go back to the old Life Center schedule of being open for dinner, or offering a dinner to take home.

Yes, we plan to start offering a "dinner style" special in July and will go back to the old schedule as our staffing increases.

is the ability to use our dollars at the Wilson farm stand still available?

Yes every Wednesday

Refreshments at the next culinary meeting?

Yes we will provide refreshments at the next meeting

The next meeting will be held on Thursday August 18th, 2022, at 10:00 am in the Chestnut Landing. All independent living residents are welcome to attend.