



Independent Living Activities

May 2022

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 3:00 Ping Pong (RC) 6:30 Game Night (MPR)	2 9:00 Hazel's Alterations (OL) 10:30 Hazel's Alterations (CB) 1:00 Pinochle (CL) 1:00 Bridge (Ren Apt 44) 1:00 Hand & Foot Card Game (RAR) 2:00 Mother's Day Tea (EC) 3:00 Ping Pong (RC)	3 9:30 Coffee Hour (CB) 10:00 Town Meeting (CP) 1:00 Mah Jong (CB) 1:00 Shuffleboard (SR) 1:30 Duplicate Bridge (OL) 2:00 Town Meeting (EC) 2:30 Corn hole (WPR) 3:00 Ping Pong (RC)	4 8:30 Wood Carving Class (IAS) 10:30 Bible Study (AR) 2:00 Dog Tricks w/ Hershey (EC) 2:00 Bible Study (RDR) 3:00 Ping Pong (RC) 3:30 Bible Study (MPR) 6:00 Rummikub (RDR)	5 1:00 Bridge (MPR) 1:30 MHMYC Open Sailing (Friendship Pond - BV) 2:00 Showing of Ruth from Sight & Sound (EC) 3:00 Ping Pong (RC)	6 9:45 Grief Support Group (HUB) 10:00 Water Volleyball (Pool) 10:00 Outdoor Bocce (Court by the Pavillion - BV) 12:15 Fun w/ Art Paint Class (IAS) 1:00 500 Bid (CL) 2:30 Book Club (RDR) 3:00 Ping Pong (RC) 6:30 Movie Night: Victoria & Abdul (RDR)	7 9:00 Croquet (Behind NG) 1:30 MHMYC Racing Day (Friendship Pond - BV) 3:00 Ping Pong (RC)
8 3:00 Ping Pong (RC) 6:30 Game Night (MPR)	9 1:00 Pinochle (CL) 1:00 Bridge (Ren Apt 44) 1:00 Hand & Foot Card Game (RAR) 3:00 Ping Pong (RC) 5:30 Guys Night (FP)	10 9:30 Coffee Hour (CB) 1:00 Mah Jong (CB) 1:00 Shuffleboard (SR) 1:30 Duplicate Bridge (OL) 1:30 Book Club (CON) 2:30 Corn hole (WPR) 3:00 Ping Pong (RC) 6:00 Bingo Night (RDR)	11 8:30 Wood Carving Class (IAS) 10:30 Bible Study (AR) 2:00 Bible Study (RDR) 3:00 Ping Pong (RC) 3:00 Brain Boosters (Ren Apt 44) 3:30 Bible Study (MPR) 6:00 Rummikub (RDR) 6:30 S'mores & More (FP)	12 1:00 Bridge (MPR) 1:30 MHMYC Open Sailing (Reflection Lake - CP) 2:00 50s & 60s Classics on Guitar w/ Ray Owens (EC) 10:00 Card Making w/ Jody Brechbill (IAS) 3:00 Ping Pong (RC)	13 10:00 Water Volleyball (Pool) 10:00 Bird Walk (Friendship Pond - BV) 10:00 Outdoor Bocce (Court by the Pavillion - BV) 12:15 Fun w/ Art Paint Class (IAS) 1:00 500 Bid (CL) 3:00 Ping Pong (RC) 3:00 Saxophone & Piano Concert (LOB) 6:00 Beauty Bar Pampering (RDR)	14 9:00 Croquet (Behind NG) 3:00 Ping Pong (RC)
15 3:00 Ping Pong (RC) 6:30 Game Night (MPR)	16 9:00 Hazel's Alterations (OL) 10:30 Hazel's Alterations (CB) 1:00 Pinochle (CL) 1:00 Bridge (Ren Apt 44) 1:00 Hand & Foot Card Game (RAR) 3:00 Ping Pong (RC)	17 9:30 Coffee Hour (CB) 10:00 Chess (OL) 1:00 Mah Jong (CB) 1:00 Shuffleboard (SR) 1:30 Duplicate Bridge (OL) 2:00 African Safari Travel Video (EC) 2:30 Corn hole (WPR) 3:00 Ping Pong (RC)	18 8:30 Wood Carving Class (IAS) 10:30 Bible Study (AR) 12:00 Howdy-Do's Picnic (TBD) 2:00 Bible Study (RDR) 2:00 Caregiver Support Group (CON) 3:00 Ping Pong (RC) 3:30 Bible Study (MPR) 6:00 Rummikub (RDR)	19 8:30 Breakfast & Bingo (Grille) 1:00 Bridge (MPR) 1:00 Parkinson's Disease Forum (EC) 1:30 MHMYC Open Sailing (Friendship Pond - BV) 3:00 Ping Pong (RC)	20 10:00 Water Volleyball (Pool) 10:00 Outdoor Bocce (Court by the Pavillion - BV) 12:15 Fun w/ Art Paint Class (IAS) 1:00 500 Bid (CL) 3:00 Ping Pong (RC) 6:30 Movie Night: A Dog's Journey (RDR)	21 9:00 Croquet (Behind NG) 1:30 MHMYC Racing Day (Friendship Pond - BV) 3:00 Ping Pong (RC)
22 3:00 Ping Pong (RC) 3:00 Chbg Ballet: Snow White (EC) 6:30 Game Night (MPR)	23 11:00 Bookmobile (front of Village Square) 11:45 Bookmobile (BV 700s) 1:00 Pinochle (CL) 1:00 Bridge (Ren Apt 44) 1:00 Hand & Foot Card Game (RAR) 2:30 Bookmobile (front of Renaissance) 3:00 Ping Pong (RC)	24 9:00 Scavenger Hunt (Call Wellness 717.217.5404) 9:30 Coffee Hour (CB) 1:00 Mah Jong (CB) 1:00 Shuffleboard (SR) 1:30 Duplicate Bridge (OL) 2:30 Corn hole (WPR) 3:00 Ping Pong (RC)	25 8:30 Wood Carving Class (IAS) 10:30 Bible Study (AR) 2:00 Bible Study (RDR) 3:00 Ping Pong (RC) 3:00 Brain Boosters (Ren Apt 44) 3:30 Bible Study (MPR) 6:00 Rummikub (RDR)	26 1:00 Bridge (MPR) 1:30 MHMYC Open Sailing (Reflection Lake - CP) 1:30 Mexican Train Dominoes (CL) 3:00 Ping Pong (RC)	27 10:00 Water Volleyball (Pool) 10:00 Outdoor Bocce (Court by the Pavillion - BV) 12:15 Fun w/ Art Paint Class (IAS) 1:00 500 Bid (CL) 1:30 Lecture: Romantic City of Rhine, Germany (MPR) 2:30 Music w/ Carl & Lily Fahrenstock (RDR) 3:00 Ping Pong (RC)	28 9:00 Croquet (Behind NG) 3:00 Ping Pong (RC)
29 3:00 Ping Pong (RC) 6:30 Game Night (MPR)	30 1:00 Pinochle (CL) 1:00 Bridge (Ren Apt 44) 1:00 Hand & Foot Card Game (RAR) 3:00 Ping Pong (RC)	31 9:30 Coffee Hour (CB) 11:00 May B-Day Lunch (EC) 1:00 Mah Jong (CB) 1:00 Shuffleboard (SR) 1:30 Duplicate Bridge (OL) 2:30 Corn hole (WPR) 3:00 Ping Pong (RC)	LOCATION KEY CP – Chambers Pointe AR – Arbor Room BV - Brookview EC – Event Center CAR – Creative Arts Room CB – Club Room CL – Champions Lounge CON – Conference Room EC – Event Center FP – Fire Pit HUB – Hub IAS – Imagine Arts Studio LOB – Lobby LR – Laurel Room MPR – Multipurpose Room NG - Northgate OL – Overlook RAR – Renaissance Activity Room RDR – Renaissance Dining Room RSR – Renaissance Social Room RC – Rec Room SR – Social Room			

Hearing Aid Clinic – 4th Tuesday of each month. Call to schedule (717) 263-6620 / Podiatry Clinic – Dates vary. Call to schedule (717) 263-6620
Wellness, Spiritual Care, Life Center Cinema, and more opportunities on the back!

COLOR KEY

Life Center	Renaissance
Northgate	Village Square

MOVIES AT LIFE CENTER CINEMA

SCHEDULE

Tuesday, May 3 - Sunday, May 8

- 2PM - Good Will Hunting, 1997 PG-13
- 6:30PM - The Guilt Trip, 2012 PG-13

Tuesday, May 10 - Sunday, May 15

- 2PM - The Guilt Trip, 2012 PG-13
- 6:30PM - Mama Mia, 2008 PG-13

Tuesday, May 17 - Sunday, May 22

- 2PM - Mama Mia, 2008 PG-13
- 6:30PM - A Star is Born, 2018 R

Tuesday, May 24 - Sunday, May 29

- 2PM - A Star is Born, 2018 R
- 6:30PM - Pan's Labyrinth, 2006 R

Tuesday, May 31 - Sunday, June 5

- 2PM - Pan's Labyrinth, 2006 R
- 6:30PM - The Verdict, 1982 R

DESCRIPTIONS

Good Will Hunting - Will Hunting, a janitor at M.I.T., has a gift for mathematics, but needs help from a psychologist to find direction in his life.

The Guilt Trip - As inventor Andy Brewster is about to embark on the road trip of a lifetime, a quick stop at his mom's house turns into an unexpected cross-country voyage with her along for the ride.

Mama Mia - The story of a bride-to-be trying to find her real father told using hit songs by the popular 1970s group ABBA.

A Star is Born - A musician helps a young singer find fame as age and alcoholism send his own career into a downward spiral.

Pan's Labyrinth - In the Falangist Spain of 1944, the bookish young stepdaughter of a sadistic army officer escapes into an eerie but captivating fantasy world.

The Verdict - An outcast, alcoholic Boston lawyer sees the chance to salvage his career and self-respect by taking a medical malpractice case to trial rather than settling.

CLASSICS & FAMILY FRIENDLY'S

Tuesday - Thursday at 10AM

Schedule available on Ch. 956, the News Scroll on the Resident Portal, or on the screen outside of the Cinema.

WELLNESS CLASSES

Monday

- 8:45AM Water Aerobics (CP Pool)
- 9AM Resistance (NG Health Studio)
- 10AM Strength & Balance (LC Event Center)
- 10:30AM Resistance (Ren Dining Room)
- 10:30AM Buddy Swim (NG Pool)
- 11AM Tai Chi (NG Patio)

Tuesday

- 8:15AM Pilates (Ren Social Room)
- 9AM Water Aerobics (NG Pool)
- 9AM Circuit Training (VS Exercise Room)
- 10:30AM Water Walking (VS Pool)
- 1:30PM Balance (Ren Social Room)
- 2PM Movin' Menno's (NG Health Studio)

Wednesday

- 8:45AM Water Aerobics (CP Pool)
- 9:30AM Buddy Swim (NG Pool)
- 10AM Gentle Yoga (NG Health Studio)
- 10AM Strength & Balance (LC Event Center)
- 10:30AM Backyard Games (CP Laurel Room)
- 1-3 PM Buddy Swim (CP Pool)
- 2PM Better Balance (NG Health Studio)

Thursday

- 8:15AM Pilates (Ren Social Room)
- 9AM Tai Chi Practice (NG Health Studio)
- 9AM Circuit Training (VS Exercise room)
- 9AM Walking Group (Meet by Ren front entrance)
- 10:30AM Water Walking (VS Pool)

Friday

- 8:45AM Water Aerobics (CP Pool)
- 9AM Resistance (NG Health Studio)
- 10AM Water Volleyball (NG Pool)
- 10AM Strength and Balance (LC Event Center)
- 10:30AM Resistance (Ren Dining Room)

SPIRITUAL CARE - CHAPEL SERVICES

Community Chapel Services - Sundays

- 8:30AM at BV Chapel and live on Ch. 956/121
- 10:15AM at CP Chapel and rebroadcast of 8:30AM service on Ch. 956/121
- 3PM only at BV and rebroadcast of morning service on Ch. 956/121
- 6:30PM rebroadcast on Sundays and Wednesdays on Ch. 956/121
- 6:30PM rebroadcast on Ch. 956/121

Wednesdays at 6:30PM - Rebroadcast of Sunday Service

Catholic Mass

Friday, May 6 at 1PM in CP Chapel

Holy Communion

Tuesday, May 10 at 10:15AM in BV Chapel
Wednesday, May 11 at 10:30AM in the VS Arbor Room, 1PM in the CP Chapel

Growing Through Grief Seminar & Support

Friday, May 6 at 9:45AM to 11:30AM in the LC Hub

Caring Friends & Abiders Info & Training

Thursday, May 12
10AM, William Penn Room at CP
1:30PM, Arbor Room at VS



MENNO HAVEN SCAVENGER HUNT

MAY 24 AT 9AM-12PM

Rain Date: May 26 9AM-12PM

Location TBD. Contact Rhonda Campbell for more information. (717) 217-5404