



Independent Living Activities

February 2022

Sun	Mon	Tue	Wed	Thu	Fri	Sat	
<p>On the back - Community Chapel Services, Wellness Schedule, Life Center Cinema Schedule and more.</p> <p>Haven Today – Menno Haven weekly show. New episodes air on Tuesdays. Repeats Tuesday-Friday at 2PM or 8PM on Ch. 956, or watch any time on the Resident Portal.</p>		<p>1</p> <p>9:30 Coffee Hour (CB) 10:00 Town Meeting (CH) 2:00 Town Meeting (EC) 1:00 Mah Jong (CB) 1:00 Knit Wits (LOB) 1:00 Shuffleboard (SR) 2:30 Corn hole (WPR) 3:00 Ping Pong (RC)</p>	<p>2</p> <p>2:00 Great Decisions (MPR) 2:00 Ritma Cordia Concert (EC) 3:00 Ping Pong (RC) 3:00 Brain Boosters (Ren Apt 44) 6:00 Rummikub (RDR) 6:00 Paint Night (IAS)</p>	<p>3</p> <p>1:00 Bridge (MPR) 2:00 From Aspirin to the Zipper Lecture (EC) 2:30 Scrabble (RAR) 3:00 Ping Pong (RC)</p>	<p>4</p> <p>10:00 Water Volleyball (Pool) 1:00 500 Bid (CL) 2:30 Book Club (RDR) 3:00 Ping Pong (RC)</p>	<p>5</p> <p>3:00 Ping Pong (RC)</p>	
<p>6</p> <p>3:00 Ping Pong (RC) 6:30 Game Night (MPR)</p>	<p>7</p> <p>9:00 Hazel's Alterations (OL) 10:30 Hazel's Alterations (CB) 1:00 Pinochle (CL) 1:00 Bridge (Ren Apt 44) 1:00 Hand & Foot Card Game (RAR) 3:00 Ping Pong (RC) 4:00 Words w/ Henry Hopper (CNL) 6:00 Music w/ Tresa Day (RDR)</p>	<p>8</p> <p>9:30 Coffee Hour (CB) 1:00 Mah Jong (CB) 1:00 Knit Wits (LOB) 1:30 Book Club Correction from Haven Connect (CON) 1:00 Shuffleboard (SR) 2:00 Noah DVD (EC) 2:00 Bingo Afternoon (RDR) 2:30 Corn hole (WPR) 3:00 Ping Pong (RC) 3:00 Bible Study (CON) 5:30 Guys Night: Beer, Burgers, & Billiards (CB)</p>	<p>9</p> <p>2:00 Uno (CL) 3:00 Ping Pong (RC) 3:00 Bible Study (RDR) 6:00 Rummikub (RDR)</p>	<p>10</p> <p>1:00 Bridge (MPR) 1:30 Monopoly (CL) 2:00 Learn About Habitat for Humanity (EC) 2:30 Jeopardy (RAR) 3:00 Ping Pong (RC)</p>	<p>11</p> <p>10:00 Water Volleyball (Pool) 1:00 500 Bid (CL) 3:00 Ping Pong (RC) 6:30 Movie Night: 42 (RDR)</p>	<p>12</p> <p>2:00 Shippensburg Swing Band (EC) 3:00 Ping Pong (RC)</p>	
<p>13</p> <p>3:00 Ping Pong (RC) 5:30 Super Bowl Party (EC) 6:30 Game Night (MPR)</p>	<p>14</p> <p>1:00 Pinochle (CL) 1:00 Bridge (Ren Apt 44) 1:00 Hand & Foot Card Game (RAR) 3:00 Ping Pong (RC)</p>	<p>15</p> <p>9:30 Coffee Hour (CB) 1:00 Mah Jong (CB) 1:00 Knit Wits (LOB) 1:00 Shuffleboard (SR) 2:30 Yahtzee (RAR) 2:30 Corn hole (WPR) 3:00 Ping Pong (RC)</p>	<p>16</p> <p>1:30 Friends & Fondue w/ the Howdy-Do's (SR) 2:00 Great Decisions (MPR) 2:00 Bingo w/ Chris (HUB) 3:00 Brain Boosters (Ren Apt 44) 3:00 Ping Pong (RC) 6:00 Rummikub (RDR) 6:00 Bingo Night (RDR)</p>	<p>17</p> <p>10:00 Independent Living Culinary Forum (CNL) 1:00 Bridge (MPR) 1:30 Mexican Train Dominoes (CL) 3:00 Ping Pong (RC)</p>	<p>18</p> <p>10:00 Water Volleyball (Pool) 1:00 500 Bid (CL) 3:00 Ping Pong (RC)</p>	<p>19</p> <p>3:00 Ping Pong (RC)</p>	
<p>20</p> <p>3:00 Ping Pong (RC) 6:30 Game Night (MPR)</p>	<p>21</p> <p>9:00 Hazel's Alterations (OL) 10:30 Hazel's Alterations (CB) 1:00 Pinochle (CL) 1:00 Bridge (Ren Apt 44) 1:00 Hand & Foot Card Game (RAR) 2:30 Music w/ Jerry Overby (RDR) 3:00 Ping Pong (RC)</p>	<p>22</p> <p>9:30 Coffee Hour (CB) 11:00 February B-Day Lunch *RSVP only* (EC) 1:00 Mah Jong (CB) 1:00 Knit Wits (LOB) 1:00 Shuffleboard (SR) 2:30 Corn hole (WPR) 3:00 Ping Pong (RC) 3:00 Bible Study (CON)</p>	<p>23</p> <p>2:00 Great Decisions (MPR) 2:00 Lecture: History of Strong Drinks & Heavenly Brews (CH) 3:00 Ping Pong (RC) 3:00 Bible Study (RDR) 6:00 Rummikub (RDR)</p>	<p>24</p> <p>8AM – 4PM Winter Warm Up Carnival (EC) 1:00 Bridge (MPR) 3:00 Ping Pong (RC)</p>	<p>25</p> <p>10:00 Water Volleyball (Pool) 1:00 500 Bid (CL) 1:30 Movie: The Shack (EC) 3:00 Ping Pong (RC) 6:30 Movie Night: Walk the Line (RDR)</p>	<p>26</p> <p>3:00 Ping Pong (RC)</p>	
<p>27</p> <p>3:00 Ping Pong (RC) 6:30 Game Night (MPR)</p>	<p>28</p> <p>11:00 Bookmobile (front of Village Square) 11:45 Bookmobile (BV 700s) 1:00 Pinochle (CL) 1:00 Bridge (Ren Apt 44) 1:00 Hand & Foot Card Game (RAR) 2:00 Music w/ Dino Delray (RDR) 2:30 Bookmobile (front of Renaissance) 3:00 Ping Pong (RC)</p>	<p>LOCATION KEY</p> <p>CB – Club Room CNL – Chestnut Landing CL – Champions Lounge CON – Conference Room EC – Event Center</p> <p>HUB – Hub IAS – Imagine Arts Studio LOB – Lobby LR – Laurel Room MPR – Multipurpose Room</p> <p>OL – Overlook RAR – Renaissance Activity Room RDR – Renaissance Dining Room RSR – Renaissance Social Room RC – Rec Room SR – Social Room</p>		<p>COLOR KEY</p> <p>Life Center (Green) Renaissance (Yellow) Northgate (Black) Village Square (Cyan)</p>			

MOVIES AT LIFE CENTER CINEMA

SCHEDULE

Tuesday, January 25- Sunday, February 6

- 2PM - POMS, 2019 PG-13
- 6:30PM - The Sound of Music, 1965 UR

Tuesday, February 8 - Sunday, February 20

- 2PM - The Sound of Music, 1965 UR
- 6:30PM - The Book of Eli, 2010 R

Tuesday, February 22 - Sunday, March 6

- 2PM - The Book of Eli, 2010 R
- 6:30PM - MoneyBall, 2011 PG-13

CLASSIC MOVIES

Tuesday - Thursday at 10AM

FAMILY FRIENDLY MOVIES

Friday - Sunday at 10AM

Schedule available on Ch. 956, the News Scroll on the Resident Portal, or on the screen outside of the Cinema.

DESCRIPTIONS

POMS - A woman moves into a retirement community and starts a cheerleading squad with her fellow residents.

The Sound of Music - In the years before the Second World War, a tomboyish postulant at an Austrian abbey becomes a governess in the home of a widowed naval captain with seven children, and brings a new love of life and music into the home.

The Book of Eli - A post-apocalyptic tale, in which a lone man fights his way across America in order to protect a sacred book that holds the secrets to saving humankind.

MoneyBall - The story of Oakland Athletics general manager Billy Beane's successful attempt to put together a baseball team on a budget, by employing computer-generated analysis to draft his players.

WELLNESS CLASSES

Monday

9AM Resistance (NG Health Studio)
9AM Water Aerobics (Chambers Pointe)
10AM Strength & Balance (Life Center Event Center)
10:30AM Resistance (Renaissance Dining Room)
10:30AM Buddy Swim (NG Pool)
11AM Essence of Tai Chi (NG Health Studio)

Tuesday

8:15AM Pilates (Renaissance Social Room)
9AM Water Aerobics (Northgate)
9AM Circuit Training (VS Exercise Room)
10:30AM Water Walking (VS Pool)
1:30PM Balance (Chambers Pointe)
2PM Movin' Menno's (NG Patio)

Wednesday

9AM Water Aerobics (Chambers Pointe)
9:30AM Buddy Swim (Northgate)
10AM Gentle Yoga (NG Health Studio)
10AM Strength & Balance (Life Center Event Center)

10:30AM Backyard Games (Chambers Pointe Laurel Room)
1-3 PM Buddy Swim (Chambers Pointe pool)
2PM Better Balance (NG Health Studio)

Thursday

8:15AM Pilates (Renaissance Social Room)
9AM Tai Chi (Northgate Patio)
9AM Circuit Training (VS Exercise room)
9AM Walking Group (Meet by Renaissance front entrance)
10:30AM Water Walking (VS Pool)
2PM Movin' Menno's (Northgate Patio)

Friday

9AM Water Volleyball (1st, 2nd, and 5th Fridays at NG. 3rd and 4th Fridays at Chambers Pointe)
9AM Resistance (NG Health Studio)
9AM Water Aerobics (Chambers Pointe)
10AM Strength and Balance (Life Center Event Center)
10:30AM Resistance (Renaissance Dining Room)

STAY INFORMED

Check Menno Haven's in-house channel 956 for announcements, daily menu specials, and more.

or

View announcements on Ch. 956 quicker by going to the *News Scroll* on the Resident Portal! Instead of waiting for slides to pass, you can click through at your own pace.

portal.mennohaven.org
password: mennohaven2017

COMMUNITY CHAPEL SERVICES

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Sundays

- 8:30AM in-person at Brookview Chapel and live on Ch. 956
- 10:15AM in-person at Chambers Pointe Chapel and live on Ch. 956
- 3PM in-person only at Brookview Chapel and rebroadcast of morning service on Ch.956
- 6:30PM rebroadcast on Ch. 956/121

Wednesdays at 6:30PM - Rebroadcast of Sunday Service