



**June 2-** Spicy Beef Noodle Stir Fry

**June 9-** Jamaican Jerk Pork

**June 16-** Balsamic Chicken \*(Instapot/Slowcooker)

**June 23-** Al Forno Penne w/ Italian Sausage

Each kit costs \$15 and is portioned for 2 servings.

Everything is included and can be prepared in 30-45 minutes.

Recipe details can be found on the resident portal.

Place your order at any Menno Haven Cafe by 1pm the day before.

Let the team member know your name and which cafe you would like to pick up your meal kit.

You may also order online or by emailing [Jeremy.Fry@mennohaven.org](mailto:Jeremy.Fry@mennohaven.org)