



Nov 16th – 20th 2020 717-217-4989

Breakfast Hours : 8am – 10am

Lunch Hours : 11am – 2pm

Pizza Oven Hours : 11am – 5pm

BREAKFAST

LIFE CENTER RISE & SHINE \$7

2 Eggs Any Style, Whole Wheat English Muffin, Crispy Tater Tots, & Your Choice of Bacon or Sausage Patties.

PUMPKIN PECAN PANCAKES \$6

3 Medium Sized Pumpkin Pecan Pancakes. Served with Butter, Syrup & Whipped Cream.

ADD BACON OR SAUSAGE PATTIES \$3

SUNRISE WRAP \$4

Warm Flour Tortilla, Scrambled Egg, Ham & Swiss Cheese.

FRUIT & YOGURT PARFAIT \$3.5

LEMON POPPY SEED MUFFIN \$2.5

HANDHELDS

Sub Gluten Free Bread \$2

ALL AMERICAN BURGER \$8

6 oz Beef Patty, American Cheese, Lettuce, Tomato, Bacon, Pickle, Mayo, Brioche Roll

TURKEY CLUB \$8

Triple Stack Toasted Wheat Bread, Tender Sliced Turkey, Swiss Cheese, Bacon, Lettuce, Tomato, & Mayo.

CRISPY CHICKEN SANDWICH \$8

Breaded Chicken Breast, Lettuce, Pickles, RLC Sauce, Brioche Bun.

** All Sandwiches Include 1 Side **

SALADS

HARVEST SALAD \$9

Roasted Beets, Butternut Squash, & Pumpkin Seeds, Goat Cheese, Spring Mix. Served with House Made Citrus Vinaigrette.

SHAVED BRUSSEL SPROUT SALAD \$9

Thinly Shaved Brussels Sprouts, Shaved Parmesan, Candied Walnuts, Dried Cherries, Bacon. Served with House Made Apple Cider Vinaigrette.

** Add Chicken \$3 **

PIZZA

CHEESE PIZZA \$7

Red Sauce, Parmesan, & Mozzarella Cheese

MEAT LOVERS PIZZA \$10

Pepperoni, Sausage, Bacon, Mozzarella Cheese, Parmesan Cheese, Red Sauce

VEGGIE SUPREME \$8

Broccoli, Red Onion, Tomatoes, Bell Peppers, Mushrooms, Black Olives, Banana Peppers, Red Sauce and Mozzarella & Parmesean Cheese.

MUSHROOM PIZZA \$10

Roasted Garlic Puree, Wild Mushrooms, Ricotta, Mozzarella, & Parmesan Cheese. Finished with Truffle Oil.

BBQ CHICKEN PIZZA \$8

Sweet Baby Rays BBQ Sauce, Chicken, Red Onion, Thinly Sliced Jalapenos, Cheddar Cheese, Mozzarella Cheese, & Cilantro.

** Sub Cauliflower Crust \$2 **

RLC LUNCH SPECIALS

CHEESE STEAK STROMBOLI \$10

"Amazin Grazin" Grass Fed Beef Steak, Onions, Bell Peppers, Red Sauce, Mozzarella Cheese.

CHILI WITH CREAMY CORNBREAD \$7

"Amazin Grazin" Grass Fed Ground Beef Chili. Served with Creamy Cornbread.

ALZHEIMERS SPECIAL

PICKLED EGG SALAD SANDWICH \$12

Red Beet Pickled Egg Salad, Whole Wheat Bread, Micro Greens, & Avocado. Served with Sweet Potato Chips.

SIDES

Fresh Cut Fries \$3

Sweet Potato Fries \$3

Cole Slaw \$3

Side Salad \$3