

MENNO HAVEN**WEEK 1**

| 10/11/2021 | 10/12/2021 | 10/13/2021 | 10/14/2021 | 10/15/2021 | 10/16/2021 | 10/17/2021 |
|---------------------------|---------------------------|-------------------------------|---------------------------|---------------------------|---------------------------|---------------------------|
| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY | SUNDAY |
| LUNCH | | | | | | |
| Fresh Fruit | Pepper Slaw | Cottage Cheese / Apple Butter | Caesar Salad | Garden Salad | Ambrosia | Cranberry Sauce |
| Tossed Salad ~ Applesauce | Tossed Salad ~ Applesauce | Tossed Salad ~ Applesauce | Tossed Salad ~ Applesauce | Tossed Salad ~ Applesauce | Tossed Salad ~ Applesauce | Tossed Salad ~ Applesauce |
| BBQ Chicken Thigh | Roast Beef w/ Gravy | Pork & Sauerkraut | Beef Ginger Pepper Steak | Mac & Cheese | Ham, Green Bean, & Potato | Turkey w/ Gravy |
| Baked Cod | Ravioli Florentine | Chicken Marsala | Shrimp Stir Fry | Tilapia w/ Lemon Butter | Beef Brisket | Vegetable Lasagna |
| Parmesan Potato Wedge | Roasted Red Potato | Mashed Potato | Brown Rice | Mac & Cheese | Hash Brown Casserole | Stuffing |
| Wax Bean | Succotash | Brussel Sprouts | Stir Fry Vegetables | Stewed Tomato | Asparagus | Green Beans |
| Tomatoes and Zucchini | Cauliflower | Sugar Snap Peas | Roasted Zucchini | Spinach | Chef Vegetable Blend | Honey Glazed Baby Carrot |
| Banana Cake | Apple Crisp | Peach Pie | Coconut Cake | Iced Cherry Poke Cake | Apple Pie | Pumpkin Pie |