

MENNO HAVEN

WEEK 3

7/5/2021	7/6/2021	7/7/2021	7/8/2021	7/9/2021	7/10/2021	7/11/2021
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
LUNCH						
Cottage Cheese w/ Apricots	Tropical Fruit	Tomato Cucumber Salad	Tortellini Salad	Cinnamon Applesauce	Caesar salad	Cole Slaw
Tossed Salad ~ Applesauce	Tossed Salad ~ Applesauce	Tossed Salad ~ Applesauce	Tossed Salad ~ Applesauce	Tossed Salad ~ Applesauce	Tossed Salad ~ Applesauce	Tossed Salad ~ Applesauce
Flank Steak w/ Horseradish cream	Meatballs	Country Fried Steak	Meat Lasagna w/ Garlic Bread	Roasted Pork Loin with Gravy	Grilled Caribbean Chicken	Baby Back Ribs
Chicken and Waffles	Sausage & Potato Casserole	Mahi Mahi	Ham Steak w/ Pineapple Glaze	Stuffed Chicken Breast	Beef Pot Roast	Baked Haddock
	Spaghetti w/ Marinara	Baked Potato	Baked Sweet Potato	Scalloped Potatoes	Garlic Parm Roasted Potatoes	Parsley Potatoes
Succotach	Italian Green Bean	Zucchini & Squash	Green Beans	Steamed Asparagus	Sugar Snap Peas	Roasted Root Vegetables
Spinach	Corn	Brussel Sprouts	Carrots	Lima Beans	Steamed Broccoli	Scalloped Apples
Butterpecan Cake	Apple Dumpling	Carrot Cake	Snickerdoodle Cookie	Chocolate Peanut Butter Cake	Cherry Bar	Peach Cobbler