

MENNO HAVEN

WEEK 3

1/17/2022	1/18/2022	1/19/2022	1/20/2022	1/21/2022	1/22/2022	1/23/2022
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
LUNCH						
Cottage Cheese w/ Apricots	Tropical Fruit	Red and Green Salad	Tortellini Salad	Cinnamon Applesauce	Caesar salad	Cole Slaw
Stuffed Peppers	Meatballs	Flank Steak w/ Horseradish cream	Meat Lasagna w/ Garlic Bread	Roasted Pork Loin with Gravy	Seafood Au Gratin	Baby Back Ribs
Fried Chicken and Waffles	Sausage & Potato Casserole	Seafood Bouillabaise	Ham Steak w/ Pineapple Glaze	Chicken Cacciatore	Beef Pot Roast	Baked Haddock
	Spaghetti w/ Marinara	Baked Potato	Baked Sweet Potato	Scalloped Potatoes	Bread Stuffing Balls	Parsley Potatoes
Succotach	Italian Green Bean	Zucchini & Squash	Green Beans	Steamed Asparagus	Sugar Snap Peas	Roasted Root Vegetables
Spinach	Corn	Brussel Sprouts	Carrots	Vegetable Blend	Steamed Broccoli	Scalloped Apples
Chocolate Brownie Sundae	Apple Dumpling	Carrot Cake	Snickerdoodle Cookie	Chocolate Peanut Butter Cake	Blueberry Pie Bars	Peach Cobbler