

MENNO HAVEN

WEEK 3

| 2/15/2021 | 2/16/2021 | 2/17/2021 | 2/18/2021 | 2/19/2021 | 2/20/2021 | 2/21/2021 |
|----------------------------|----------------------------|----------------------------------|------------------------------|------------------------------|---------------------------|---------------------------|
| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY | SUNDAY |
| LUNCH | | | | | | |
| Cottage Cheese w/ Apricots | Tropical Fruit | Cucumber Salad | Tortellini Salad | Cinnamon Applesauce | Caesar salad | Cole Slaw |
| Tossed Salad ~ Applesauce | Tossed Salad ~ Applesauce | Tossed Salad ~ Applesauce | Tossed Salad ~ Applesauce | Tossed Salad ~ Applesauce | Tossed Salad ~ Applesauce | Tossed Salad ~ Applesauce |
| Shrimp & Grits | Meatballs | Flank Steak w/ Horseradish cream | Meat Lasagna w/ Garlic Bread | Smoked Pork Chop | Chicken Alfredo | Baby Back Ribs |
| Chicken and Waffles | Sausage & Potato Casserole | Crab Cake | Ham Steak w/ Pineapple Glaze | Fried Chicken | Beef Pot Roast | Baked Haddock |
| | Spaghetti w/ Marinara | Baked Potato | Baked Sweet Potato | Scalloped Potatoes | Red Skin Mashed Potato | Parsley Potatoes |
| Succotach | Italian Green Bean | Zucchini & Squash | Green Beans | Steamed Asparagus | Sugar Snap Peas | Roasted Root Vegetables |
| Spinach | Corn | Brussel Sprouts | Carrots | Wax Bean | Steamed Broccoli | Scalloped Apples |
| Marble Cake | Apple Dumpling | Carrot Cake | Snickerdoodle Cookie | Chocolate Peanut Butter Cake | Cherry Bar | Peach Cobbler |