

MENNO HAVEN

WEEK 3

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
8/3/2020	8/4/2020	8/5/2020	8/6/2020	8/7/2020	8/8/2020	8/9/2020
LUNCH						
Cottage Cheese/Apricots	Tropical Fruit	Cucumber Sour Cream Salad	Fresh Fruit	Cranberry Apple Salad	Caesar Salad	Cole Slaw
Tossed Salad ~ Applesauce	Tossed Salad ~ Applesauce	Tossed Salad ~ Applesauce	Tossed Salad ~ Applesauce	Tossed Salad ~ Applesauce	Tossed Salad ~ Applesauce	Tossed Salad ~ Applesauce
Honey Mustard Chicken Thigh	Meatballs	Flank Steak w/ Horseradish Cream	Meat Lasagna w/Gar Brd	Smoked Pork Chop	Chicken & Waffles	Baby Back Ribs
Country Fried Steak	Baked Cod	Crab Cake	Ham Steak w/ Pineapple Glaze	Fried Chicken	Beef Pot Roast	Baked Haddock
Mashed Potatoes	Spaghetti w/ Marinara	Baked Potato	Baked Sweet Potato	Scalloped Potatoes	Red Skin Mashed Potato	Baked Beans
Succotash	Italian Green Bean	Zucchini & Squash	Green Bean Casserole	Steamed Asparagus	Sugar Snap Peas	Roasted Root Vegetables
Spinach	Corn	Roasted Parsnips	Vegetable Blend	Wax Bean	Brussel Sprouts	Carrots
Ice Cream	Tapioca Pudding	Oatmeal Pie	Snickerdoodle Cookie	Chocolate Peanut Butter Cake	Molasses Cake	Peach Cobbler