

MENNO HAVEN

WEEK 4

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
9/9/2019	9/10/2019	9/11/2019	9/12/2019	9/13/2019	9/14/2019	9/15/2019
BREAKFAST						
Assorted Juices Oatmeal Assorted Cold Cereals Sausage Gravy over Biscuit Eggs to Order Bacon Fresh Fruit Cup Choice of Toast	Assorted Juices Oatmeal Assorted Cold Cereals Cheese Omelet Eggs to Order Bacon Fresh Fruit Cup Choice of Toast	Assorted Juices Oatmeal Assorted Cold Cereals Cinnamon Pancakes Eggs to Order Bacon Sausage Links Fresh Fruit Cup Choice of Toast	Assorted Juices Oatmeal Assorted Cold Cereals Eggs to Order Bacon Fresh Fruit Cup Choice of Toast	Assorted Juices Oatmeal Assorted Cold Cereals Bacon/Swiss Scramble Eggs to Order Bacon Scrapple Fresh Fruit Cup Choice of Toast	Assorted Juices Oatmeal Assorted Cold Cereals French Toast Eggs to Order Bacon Sausage Patties Fresh Fruit Cup Choice of Toast	Assorted Juices Oatmeal Assorted Cold Cereals Waffles Eggs to Order Bacon Grilled Ham Fresh Fruit Cup Choice of Toast
Lunch						
Baby Greens Tossed Salad ~ Applesauce Shepard's Pie Polluck with Lemon Baked Sweet Potato Green Beans Roasted Mushrooms Cherry Gelatin Cake	Pepper Slaw Tossed Salad ~ Applesauce Roasted Turkey Beef Stew Stuffing Balls Baked Corn Brussel Sprouts Black Forest Cake	Orange Jell-O Salad Tossed Salad ~ Applesauce Sweet & Sour Chicken Salisbury Steak Chinese Noodles Spinach Roasted Parsnips Peanut Butter Pie	Pasta Salad Tossed Salad ~ Applesauce Chicken Parmesan Shrimp Scampi over Rice Buttered Noodles Carrots Chef Vegetable Blend Dutch Apple Pie	Deviled Eggs Tossed Salad ~ Applesauce Roast Pork Loin Stuffed Flounder Red Skinned Potatoes Zucchini Wax Beans Orange Spiced Peaches	Cottage Cheese/Apple Butter Tossed Salad ~ Applesauce BBQ Dusted Cod with Blackberry Sauce Stuffed Chicken Breast Baked Potato Italian Green Beans Roasted Root Vegetables Pecan Pie	Ambrosia Tossed Salad ~ Applesauce Meatloaf with Gravy Salmon Mashed Potatoes Broccoli Carrots Apple Dumpling
DINNER						
Ham Bean Macaroni Cheese Breaded Fish Sandwich Stewed Tomatoes Apricots Brownie	Pumpkin Bisque Crab Cake Sandwich Meatball Sub Greek Pasta Salad Potato Chips Peach Crumb Pie	Corn Crab Chowder Ham Cheese Frittata BBQ Grilled Chicken Sand Three Bean Salad Fresh Fruit Cup Oatmeal Chocolate Chip Cookie	Chicken Rice Tuna Melt Ham hoagie Fruit Cocktail Pretzels Blueberry Fool Dessert	Bacon Ranch Soup Pulled Beef Sandwich Egg Salad Sandwich Baked Potato Salad Tropical Fruit Ice Cream Novelties	Split Pea Grilled Turkey Provolone Grilled Hot Dog Baked Beans Pears Butterscotch Pudding	Beef Noodle Chicken Salad Croissant Cottage Cheese/Fruit Tortellini Salad Chef Vegetable Blend Peach Melba Shortcake

Please see daily menu for a listing of our always available choices during lunch and dinner

Cold Cereals Available at Breakfast: Cheerios, Honey Nut Cheerios, Corn Flakes, Frosted Flakes, Frosted Mini Wheats, Mini Wheats, Cinnamon Toast Crunch, Raisin Bran, Rice Krispies, and Total
Beverages Available: Apple, Cranberry, Grape, Orange, Pineapple, Prune, and V-8 Juices; Iced Tea, Lemonade, Decaf and Regular Coffee, Hot Tea, Milk, and Water