

MENNO HAVEN

WEEK 4

8/8/2022	8/9/2022	8/10/2022	8/11/2022	8/12/2022	8/13/2022	8/14/2022
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
LUNCH						
Wedge Salad	Cucumber Onion Salad	Fresh Fruit	Shrimp Cocktail	Spinach Salad	Creamy Coleslaw	Fresh Fruit
Tossed salad - Applesauce	Tossed salad - Applesauce	Tossed salad - Applesauce	Tossed salad - Applesauce	Tossed salad - Applesauce	Tossed salad - Applesauce	Tossed salad - Applesauce
Chicken Cordon Bleu	Breaded Cod	Honey Sriracha Chicken Thigh	Shepards Pie	Chili with Corn Muffin	Salmon Cake w/ Tartar Sauce	Meatloaf w/ Gravy
Grilled Pork Chop	Cheese Ravoli w/ Marinara	Tuna Noodle Casserole	Baked Tilapia	Slippery Chicken Pot Pie	Mac and Cheese	Chopped Clams w/ Linguine
Baked Corn	Brown Rice	Baked Potato	Mashed Potatoes			Mashed Potatoes
Baby Carrots	Squash Medley	Vegetable Blend	Sugar Snap Peas	Green Beans	Stewed Tomatoes	Zucchini
Braised Red Cabbage	Wax Beans	Asparagus	Cauliflower	Sliced Carrots	Sweet/Sour Spinach	Vegetable Blend
Apple pie	Cheese Cake w/ Topping	Honey Cinnamon Almond Bar	Roasted Banana Bread Pudding	Coconut Cake	Ginger Lemon Bar	Smores Cheesecake Bar