

MENNO HAVEN

WEEK 3

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
BREAKFAST						
8/5/2019	8/6/2019	8/7/2019	8/8/2019	8/9/2019	8/10/2019	8/11/2019
Assorted Juices Oatmeal Assorted Cold Cereals Cheese Omelet Eggs to Order Bacon Sausage Link Fresh Fruit Cup Choice of Toast	Assorted Juices Oatmeal Assorted Cold Cereals Spinach Frittata Eggs to Order Bacon Scrapple Fresh Fruit Cup Choice of Toast	Assorted Juices Oatmeal Assorted Cold Cereals French Toast Eggs to Order Bacon Fresh Fruit Cup Choice of Toast	Assorted Juices Oatmeal Assorted Cold Cereals Egg and Cheese Muffin Eggs to Order Bacon Sausage Patty Fresh Fruit Cup Choice of Toast	Assorted Juices Oatmeal Assorted Cold Cereals Pancakes Eggs to Order Bacon Fresh Fruit Cup Choice of Toast	Assorted Juices Oatmeal Assorted Cold Cereals Baked Oatmeal Eggs to Order Bacon Fresh Fruit Cup Choice of Toast	Assorted Juices Oatmeal Assorted Cold Cereals Strawberry Pancakes Eggs to Order Bacon Grilled Ham Fresh Fruit Cup Choice of Toast
DINNER						
Apple Feta Salad Tossed Salad ~ Applesauce Honey Mustard Chicken Thighs Maple Rosemary Pork Loin Mashed Potatoes Roasted Squash Spinach Oatmeal Pie	Sweet Sour Cucumbers Tossed Salad ~ Applesauce Baby Back Ribs Baked Haddock Fillet Seasoned Rice Baked Beans Green Beans Chocolate Peanut Butter Cake	Potato Salad Tossed Salad ~ Applesauce Grilled Ham Steak Meat Lasagna Whipped Yams Wax Beans Chef Vegetable Blend Snickledoodle Cookie	Macaroni Salad Tossed Salad ~ Applesauce Spaghetti & Meatballs Grilled Cilantro Glazed Chicken Quinoa Roasted Cauliflower Carrots Lemon Sponge Pie	Marinated Tomato Salad Tossed Salad ~ Applesauce Breaded Pork Chops Crab Cakes Scalloped Potato Green Beans Corn Tapioca Pudding	Cole Slaw Tossed Salad ~ Applesauce Beef Pot Roast Balsamic Glazed Chicken Mashed Potatoes Autumn Vegetable Blend Pot Roast Vegetables Molasses Cake	Whipped Peach Salad Tossed Salad ~ Applesauce Chicken and Waffles Flank Steak with Mushroom Sauce Rice Pilaf Yellow Squash Green Peas Cheesecake Bar
SUPPER						
Chicken Gnocchi Chef's Soup Du Jour Hot Roast Beef Sandwich Cottage Cheese/Fruit Baked Steak Fries Fruited Muffin Pineapple Dream	Beef Rice Chef's Soup Du Jour Franklin Sandwich Turkey Club Garden Salad Potato Chips Rice Krispie Treats	Chicken Noodle Chef's Soup Du Jour BLT Chicken Tenders Kale Cashew Cranberry Pasta Salad Pears Shortcake with Fruit	Vegetable Soup Chef's Soup Du Jour Cheese Quesadilla Egg Salad Sandwich Pickled Beets Pineapples Apricot Upside Down Cake	Vegetable Chowder Chef's Soup Du Jour Grilled Vegetable Sandwich Ham & Cheese Sandwich Green Pea Salad Peaches Ice Cream	Cream of Mushroom Chef's Soup Du Jour Open Faced Turkey Quiche Roasted Yams Garden Salad Peanut Butter Cookie	Turkey Rice Chef's Soup Du Jour Cheeseburger Sweet Bologna Sandwich Blueberry Orange Jicama Slaw Mandarin Oranges Cranberry Pear Crisp

Please see daily menu for a listing of our always available choices during lunch and dinner

Cold Cereals Available at Breakfast: Cheerios, Honey Nut Cheerios, Corn Flakes, Frosted Flakes, Frosted Mini Wheats, Mini Wheats, Cinnamon Toast Crunch, Raisin Bran, Rice Krispies, and Total

Beverages Available: Apple, Cranberry, Grape, Orange, Pineapple, Prune, and V-8 Juices; Iced Tea, Lemonade, Decaf and Regular Coffee, Hot Tea, Milk, and Water